

Libra Club

The Libra Club has been in existence for over 30 Years. It offers a range of social and recreational activities that includes discussion groups.

It provides the opportunity to meet and make new friends in a low-key, relaxed environment.



Hot and cold beverages and light snacks are available, which are covered as part of the entrance fee.



Venue and Times

2 School Way, North Finchley

Sundays 3.00pm - 5.30pm

Entrance Fee

50p per session

Please note that this is a non-smoking club



The Libra Club is a community and like any other community we need to have a code of behaviour to which you agree to comply whilst at the club:

1. No language or action that is racist/sexist or that is obviously offensive to groups or individuals
 2. No consumption of drugs or alcohol on the premises or coming to the club under the influence of either
 3. No threatening or violent behaviour towards other people
 4. No violence aimed at property or the building
- * Please do not ask other members or staff for cigarettes, money etc as refusal can cause offence
 - * If this code of behaviour is broken, you will be asked to leave the session. Repeated breaches could result in you being barred from the club.
 - * Smoking is not allowed in the building- but you may smoke outside in the garden
 - * In the event of a grievance or a dispute, please approach a member of staff for guidance.
 - * Mobile phone calls to be taken/made outside
 - * No music/tv in the lounge area-please use the garden room

Who is Mind in Barnet ?

Founded in 1962, Mind in Barnet is a registered charity providing a range of services to the residents of the London Borough of Barnet with mental health problems.

We are affiliated to National Mind

How are we funded ?

We are primarily supported by the Barnet Primary Care Trust and London Borough of Barnet via grants and service contract.

What do we do ?

The charity works to help people with mental health problems via the provision of Advocacy, Longer Term Outreach and Befriending, Counselling, Day Centre and other support

Mind in Barnet Mission Statement

People Matter

- Supporting people with mental health problems as they move towards a better life in society
- Promoting the dignity, well-being and self-determination of people experiencing mental distress
- Campaigning for social inclusion and combating stigma and discrimination experienced by people with mental health problems
- Ensuring active service user consultation and involvement in the organisation at every level
- Nurturing and developing our staff to enhance both their job satisfaction and the delivery of effective quality services

Mind in Barnet is committed to quality and participation in Quality Management in Mind

SCHOOL WAY - Information and Advice

2 School Way; Woodhouse Road,
North Finchley, N12 0RY
Tel: 020 8343 5700
Fax: 020 8446 3676

Buses:

To Tally Ho Corner
82, 125, 263, 460
To Woodhouse Road
(stops near Woodhouse 6th Form College)
134, 221
Tube: Nearest Station Woodside Park
Parking: Residential Area, relatively easy

Dennis Scott Unit

Edgware Hospital, Burnt Oak Broadway,
Edgware HA8 0AD
Tel: 020 8732 6540

Buses: 32, 142, 204, 252, 292, 614

Tube: Burnt Oak Station (Northern Line)

Parking: Hospital, Pay and Display



For better
mental health

Mind in Barnet

Libra Club

School Way
2 School Way
Woodhouse Road
North Finchley
N12 0RY
Tel: 020 8343 5700
Fax: 020 8446 3676

Email: admin@mindinbarnet.org.uk
Website: www.mindinbarnet.org.uk